





## Hearts of Courage

A memory game from  
The Colours of The Heart



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## Hearts of Courage - Memory Game

The printable memory card game is inspired by the book “The Fear That Found Courage”.

It includes matching pairs of meaningful illustrations to help children reflect on courage, emotions and love.

### How to play:

1. Print the cards (front and back) - 2 sets (24 cards)
2. Cut along the edges to create square cards
3. Place all cards face down and take turns flipping two at the time.
4. When a match is found, tell a time you felt fear - and how you found courage to overcome it.



*This is more than a memory card game. It's a opportunity of connection.*